# Official Course Worksheet: CA Preschool Foundations & Frameworks: Health

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| **CAP TK Information** | **Your Campus Course Information** |
| ***CAP Course Title:*** | ***Course Title:*** |
| CA Preschool Foundations & Frameworks: Health |  |
| ***CAP Suggested Short Title:***  CA FOUN/FRAM HEALTH | ***Short Title:*** |
| ***CAP TK Course Description:*** | ***Course Description:*** |
| Introduction to the health domain of the California Preschool Learning Foundations and Frameworks including strands of health habits, safety, and nutrition. Provides practical strategies for implementing the curriculum frameworks. Applicable to required or professional development units for Child Development Permit holders, as well as pre-school, transitional kindergarten, and early-primary teachers. |  |
| ***CAP TK Student Learning Outcomes (SLOs):***  ***Students who complete this course will be able to:*** | ***Student Learning Outcomes (SLOs):***  ***Students who complete this course will be able to:*** |
| 1. Explain the roles of the California Preschool Learning Foundations and Frameworks in the education of young children and their relationship to the Desired Results Developmental (DRDP), California Common Core State Standards for kindergarten and Content Standards for California Public Schools (kindergarten). |  |
| 1. Plan environments and experiences related to the development of healthy habits, personal safety, and nutrition, based on the observation of children in classroom settings. |  |
| 1. Articulate the teacher’s role in collaboration with families to support the development of healthy habits in young children. |  |
| ***CAP TK Objectives:***  ***In this course students will:*** | ***Your Objectives:***  ***In this course students will:*** |
| 1. Define the roles of the California Preschool Learning Foundations and Frameworks: Health in the education of young children and their relationship to the Desired Results Developmental Profile (DRDP), and Content Standards for California Public Schools (kindergarten). |  |
| 1. Use knowledge of the health strands to select materials and plan classroom experiences based on observations of children. |  |
| 1. Describe the teacher’s role in children’s safety during school hours. |  |
| 1. Discuss the ways teachers collaborate with parents and other caregivers to support children’s healthy habits. |  |
| ***CAP TK Course Content:*** | ***Your Course Content:*** |
| 1. **Introduction to the California Preschool Learning Foundations: Health**    1. Purpose and use |  |
| 1. Relationship to Desired Results Developmental Profile (DRDP) and the Content Standards for California Public Schools (kindergarten) |  |
| 1. **Health strands** |  |
| 1. **Implementation of the Foundations and Frameworks**    1. Planning based on observation of children’s interests, skills and abilities |  |
| * 1. Use of daily experiences and routines as a vehicle to promote children’s understanding of good health |  |
| 1. Objects and materials to promote healthy habits |  |
| 1. Objects and materials that are relevant and meaningful |  |
| 1. Integration of health related routines into all areas of the curriculum |  |
| 1. **Supporting English language learners in developing healthy habits as they concurrently acquire English** |  |
| 1. **Partnering with parents and other caregivers in supporting children’s good health** |  |