**California ECE Curriculum Alignment Project Expansion (CAP)**

**Course Alignment Worksheet**

**Infant and Toddler Development** (revised October 2023)

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| **Course Overview** |
| **# of Units** | ☐ Lecture Only or ☐ Lecture/Lab |
| **Status ☐ CAMPUS APPROVED -If so, when (year):** | ☐ **PROPOSED** |
| **Course Elements** |
| **CAP Information** | **Your Campus Course Information** |
| **CAP Course Title:** | **Your Course ID and Title** |
| Infant and Toddler Development |  |
| **CAP Course Description:** | **Your Course Description:** |
| A study of infants and toddlers, from conception to 36 months, including the theoretical frameworks of development, and the impact of pregnancy, birth, and early life experiences on a child emotionally, socially, cognitively, and physically. Emphasizes the role of family, culture, caring and responsive adults, and attachment relationships on growth and development. |  |
| **CAP Objectives:** | **Your Objectives:** |
| 1. Identify developmental milestones and sequences of growth and development in children from conception to 36 months.
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| 1. Describe the impact of family structures, culture, values, and beliefs on infant and toddler development.
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| 1. Explain the stages of pregnancy and the processes and variations in labor and delivery.
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| 1. Explore the influences and variations in development across all domains.
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| 1. Explain the processes of and influences on healthy brain development.
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| 1. Apply developmental theory to explain the role of early interactions, relationships, and attachment as they relate to infant and toddler growth and development.
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| 1. Compare and contrast caregiving practices and environments that support healthy development.
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| **CAP Course Content and Topics:** | **Your Course Content and Topics** |
| 1. Pregnancy and Birth
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| * 1. Prenatal development
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| * + 1. Preconception
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| * + - 1. genetics
 |  |
| * + - 1. parental health
 |  |
| * + 1. Processes and stages
 |  |
| * + 1. Environmental influences
 |  |
| * 1. Birth
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| * + 1. Birth methods and preparation
 |  |
| * + 1. Stages of labor and delivery
 |  |
| * + 1. Birth experience
 |  |
| * 1. Postpartum maternal mental health
 |  |
| * 1. Parenting a newborn
 |  |
| 1. Developmental domains and processes
 |  |
| * 1. Physical development
 |  |
| * + 1. Theories and research
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| * + 1. Milestones of physical development
 |  |
| * + 1. Growth patterns
 |  |
| * + 1. Brain development
 |  |
| * + 1. Health and nutrition
 |  |
| * + 1. Sleep and sleep patterns
 |  |
| * + 1. Influences on physical development
 |  |
| * + 1. Variations in physical development
 |  |
| * 1. Cognitive development
 |  |
| * + 1. Theories and research
 |  |
| * + - 1. Sensorimotor substages
 |  |
| * + - 1. Information processing
 |  |
| * + 1. Milestones of cognitive development
 |  |
| * + 1. Influences on cognitive development
 |  |
| * + 1. Variations in cognitive development
 |  |
| * 1. Language development
 |  |
| * + 1. Theories and research
 |  |
| * + 1. Milestones of language development
 |  |
| * + 1. Mono and multi-language learning
 |  |
| * + 1. Critical and sensitive periods
 |  |
| * + 1. Influences on language development
 |  |
| * + 1. Variations in language development
 |  |
| * 1. Social development
 |  |
| * + 1. Theories and research
 |  |
| * + 1. Milestones of social development
 |  |
| * + 1. Attachment
 |  |
| * + 1. Reciprocal relationships
 |  |
| * + 1. Influences on social development
 |  |
| * + 1. Variations in social development
 |  |
| * 1. Emotional development
 |  |
| * + 1. Theories and research
 |  |
| * + 1. Milestones of emotional development
 |  |
| * + 1. Temperament
 |  |
| * + 1. Infant and toddler emotions and responses
 |  |
| * + 1. Infant mental health
 |  |
| * + 1. Self-regulation
 |  |
| * + 1. Influences on emotional development
 |  |
| * + 1. Variations in emotional development
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| * 1. Infant and toddler care settings
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| * + 1. Caregiving philosophy
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| * + 1. Policies and practices
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| * + 1. Relationships and interactions
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| * + 1. Family engagement
 |  |
| * + 1. Environment
 |  |
| * + 1. Routines and schedules
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